

Proclamation

WHEREAS, the City of Minneapolis has adopted formal targets for increasing the health of all residents; and

WHEREAS, the American Academy of Nutrition and Dietetics states that diets low in meat consumption are associated with lower cholesterol, lower risk of heart disease, lower blood pressure, and lower risk of hypertension and type 2 diabetes; and,

WHEREAS, the American Cancer Society and the American Institute for Cancer Research both recommend reducing meat consumption to prevent cancer risk; and,

WHEREAS, the American Academy of Nutrition and Dietetics suggests that reducing meat consumption decreases the risk of various health problems, including obesity, hypertension, diabetes mellitus, and some types of cancer; and,

WHEREAS, the City of Minneapolis has adopted a goal to reduce citywide greenhouse gas emissions 15% by 2015, 30% by 2025, and 80% by 2050, using 2006 as a baseline; and,

WHEREAS, meat production is one of the top contributors to climate change, directly and indirectly producing about 14.5 percent of the world's anthropogenic greenhouse gas emissions; and,

WHEREAS, according to the United Nations Food and Agriculture Organization, meat production also has significant negative impacts on land degradation and erosion, water pollution, biodiversity and antibiotic resistance; and,

WHEREAS, if Minneapolis residents at meat-free just one day a week, we'd save more than 1.2 million animals from factory farms each year,

NOW, THEREFORE, I, Council Member Cam Gordon, hereby encourage all residents of the City of Minneapolis to celebrate Monday as "**Meatless Monday**" to improve our health, protect animals, and protect the environment.

Signed: _____



Cam Gordon
Council Member, Second Ward